

## LASER HAIR REMOVAL PRE TREATMENT INSTRUCTIONS

1. No plucking, waxing, depilatory or bleaching for a minimum of 1 week prior to your first treatment only. We ask that you refrain from any plucking, waxing, depilatory or bleaching during the laser treatment process. These methods will interfere with the laser treatment and may result in requirement of additional treatments to achieve desired results. Shaving is permitted during laser treatments.
2. Please remove make-up, deodorants and lotions in treatment area prior to treatment. Ladies - if you are treating your bikini area, please wear white underwear. The laser is attracted to dark colors.
3. Shaving may not be required prior to your first treatment. Please call for further instructions.
4. If you've started any antibiotics or other medications that may make you photo sensitive, please let us know. We may have to reschedule your appointment. Also, notify the technician if there has been any change in your health status, including but not limited to the following:
  1. New medications
  2. Illness
  3. Rash
5. Sun exposure and tanning beds should be avoided for 3 days pre and post treatment. If sun exposure is unavoidable, use a minimum SPF 30 sunscreen.
6. For maximum desired results, multiple treatments will be required on regular scheduled interval.

Should you have any questions or concerns, please do not hesitate to call our office at 314-275-7300.